

LET THE GAMES BEGIN...



### **WELCOME**

Our goal at Proathletics is to serve every level of Track and Field Athletics with quality, value for money products, combined with an efficient personal service. As a major supplier, we are committed to continuing to manufacture and source the best branded products worldwide, in order to offer you the latest and most innovative coaching resources, equipment and accessories to assist you in the running of your Stadium, Club, or School,

We are proud to announce that we have supplied Athletics Equipment to:



WE SUPPLY INSTALL & MAINTAIN

### **HOW TO ORDER**

### POST

Unit 16a Rosebery Industrial Park. Rosebery Avenue, Tottenham, London N17 9SR

### **EMAIL**

Email your order to: sales@proathletics.co.uk

NOTE: TO AVOID DELAYS PLEASE ENSURE ALL RELEVANT INFORMATION IS INCLUDED i.e. INVOICE ADDRESS, DELIVERY ADDRESS, CONTACT DETAILS AND DEADLINES IF APPLICABLE.

Before placing your order please read our Terms & Conditions of Sale, as detailed in our price list and on our website. Placing your order indicates your acceptance of our Terms & Conditions of Sale.

### **DELIVERY CHARGES**

UK Mainland (excl. Highlands & Islands)

### RY POST

Minimum Small Item Charge (Recorded) ......£4.50

### BY COURIER

Up to 10kg Next Working Day ..... Up to 20kg Next Working Day ..... 45p per kg, thereafter upto 100kg, 50p per kg over 100kg. Extra £3.00 charge to private address.

Large deliveries by palletised distribution or by our own vehicles, quotations available on request.

### **HOW TO PAY**

### CHEQUE

Please make cheques payable to Proathletics Ltd

### **DEBIT/CREDIT CARD**

We accept all major debit and credit cards. Please note, the following surcharges apply: Credit Cards 2.5%, Debit Cards 80p per transaction.













### **BACS /INTERNET BANKING**

Our bank details are detailed on product invoices.

### **ON ACCOUNT**

This method of payment is applicable for Account Holders only. Account Application forms are available on request. Interest charges apply on all overdue accounts.



In conjunction with our own product range we act as distributors for:



















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CONDITIONING EQUIPMENT

**FOOTBALL** 

**SPARES SHOP** 

35

38

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### SE01-1 SUPER COMPETITION ALUMINIUM - IAAF

Manufactured from compressed aluminium. Block handle enables easy movement. Angled block spikes.
Five height-adjustment positions.





### SE01-2 OLYMPIC - IAAF

Weight: 5.4kg.

Slotted aluminium centre bar. Heavy duty cast aluminium footblocks. Blocks can be easily positioned. Four height adjustment positions. Weight: 9kg.



### SE01-3 COMPETITION STEEL/ALUMINIUM - IAAF

Manufactured from steel and aluminium. Zinc plated steel centre plate. Steel/aluminium foot blocks. Five height adjustment positions. Weight: 8.6kg.

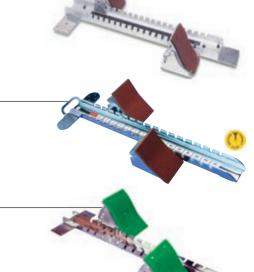


### SE01-4 INTERNATIONAL

Slotted aluminium centre bar. Heavy duty cast aluminium footblocks. Four height adjustment positions. Weight: 5.6kg.



Manufactured from steel. Zinc plated finish Block handle enables easy movement Five height adjustment positions Weight: 7.7kg.



### SE01-5 SCHOOL/TRAINING

Slotted aluminium centre bar. Smaller and lighter model of Olympic starting block. Four height adjustment positions. Weight: 4kg.

### SE01-6 SCHOOL/TRAINING

Light and simple steel structure. Zinc plated. Four height adjustment positions. Weight: 4.4kg.





Box of 50.

### SE03-4 6mm SHORT AMMUNITION

Box of 100

### SE03-5 6mm LONG AMMUNITION

Box of 100.



Ideal for use with any starting gun.
Provides protection for starter's hearing.



### SE04 STARTER'S CLAPPER

SE03-3 6mm INTERNATIONAL 8 Shot Cylinder, Plastic grip.

Good visual indicator. Safe & effective sound.



### SE06 STAGGERED START SYSTEM

Portable outdoor speaker system. Gives fair and effective starts. Easy to install and use. Includes microphone, amplifier, speakers and 40m extension lead for starter.



Start System Designed for indoor & outdoor use. Compact, lightweight, rugged and powerful. Wireless transmission. 27W output. Carry it by hand or shoulder strap. Can be used continuously for 8 hours per 4 hour charge from its built-in rechargeable battery. Supplied complete with belt pack transmitter & headband microphone.



### SE07-1 GRAND PRIX LANE MARKER

Set of 8. Fibreglass construction. Stackable. Height 61cm.



### SE08 WHEELAWAY STARTER'S STAND

Fully galvanised steel construction. High hand rail and side rail. Complete with starter's tray. Easy to manoeuvre.



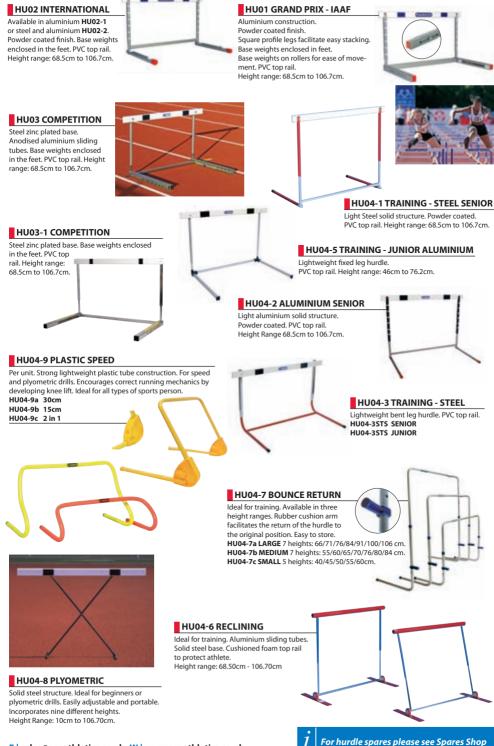
Per unit. Fibreglass construction. Stackable. Height 41cm.



Set of eight.
Vinyl with velcro edge for set up.
Bold black numbers on fluorescent
orange background. Stores flat.
L: 250mm W: 250mm H: 300mm.







### HU04-10 DISCOVERY

Can be used both indoors and outdoors. Safe effective fun teaching aid Ideal for introducing young children to hurdling.

HU04-10a Foam HU04-10a-1 50cm HU04-10a-2 40cm HU04-10a-3 30cm



HU4-DIS FOLDING HURDLE HU04-DIS/FH50 Lightweight plastic construction. Easy to assemble & fold flat for storage. HU04-DIS/FH40 40cm HU04-DIS/FH50 50cm

### HU06 HURDLE TOPS

HU06-1 PVC White

To fit: HU01/HU02-1/HU02-2/HU04-1/HU04-2

HU06-2a PVC White

To fit: HU03/HU04-3/HU04-4/HU04-5/HU04-8 HU06-2b PVC Yellow

To fit: HU03/ HU04-3/ HU04-4/ HU04-5/ HI104-8 HII06-3 PVC White

To fit: HU04

HU06-4 Vinvl Sticker

### HU04-DIS/FH40 HI I06-1 HU06-2a HU06-2h Your facility/sponsors name here HII06-4 HU07 HURDLE CART

### HU05 HURDLE HEIGHT GAUGE

Engraved aluminium scale, Incorporates six competition heights. A guick method of checking any hurdle.



### HU08 HURDLE TROLLEY

Constructed from aluminium or galvanised steel. Designed for easy loading and unloading, Large heavy duty wheels. Equipped for pulling and towing.

HU08-1 40 Steel

HU08-2 40 Aluminium

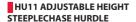
HIIN8-3 30 Steel

HU08-4 30 Aluminium HU08-5 20 Steel

HU08-6 20 Aluminium



HU09-1 To fit 40 Hurdle Trolley HU09-2 To fit 30 Hurdle Trolley HU09-3 To fit 20 Hurdle Trolley



Incorporates both male and female heights. Galvanised heavy-duty base. Substantial location pin and thumb wheel for fine adjustments. Painted solid wooden top rail. Water jump supplied with ground sockets. HU11-1 5.00m Track

HU11-2 4.00m Track

HU08-1

HU11-3 3.66m Water Jump



Custom built to suit customers individual requirements. Strong steel framework. Clad with galvanised steel sheet.

Ideal for keeping hurdles safe and secure. HU10-1 To fit three hurdle trollevs

HU10-2 To fit two hurdle trolleys HU10-3 To fit one hurdle trolley





### HU14 ADJUSTABLE STEEPLECHASE HURDLE BASES

Incorporates both male and female heights. Galvanised large section heavy duty base. Substantial location pin.

### HU12 STEEPLECHASE TOP RAILS

Solid wooden construction.

Can be supplied painted or unpainted.

HU12-1 5.00m

HU12-3 4.00m

HU12-5 3,66m

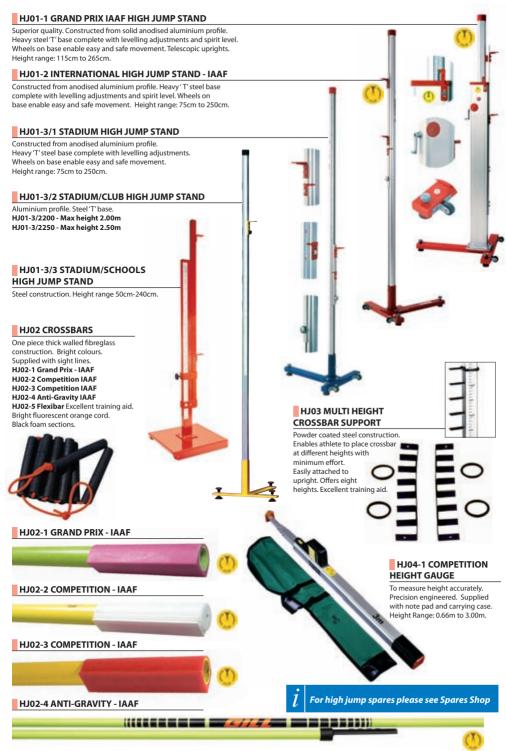
### HU13 ADJUSTABLE WATERJUMP STEEPLECHASE HURDLE BASES

Incorporates both male and female heights. Galvanised large section heavy duty base. Substantial location pin. Supplied with ground sockets.









# HIGH JUMP





	Length	Weight Range	Increments of
PV06-1-510	5.10m/16ft 9"	185-205lb	5lb
PV06-1-500	5.00m/16ft 5"	160-200lb	5lb
PV06-1-490	4.90m/16ft 1"	160-200lb	5lb
PV06-1-470	4.70m/15ft 6"	150-195lb	5lb
PV06-1-460	4.60m/15ft	125-180lb	5lb
PV06-1-440	4.40m/14ft 6"	130-185lb	5lb
PV06-1-425	4.25m/14ft	125-180lb	5lb
PV06-1-415	4.15m/13ft 6"	120-175lb	5lb
PV06-1-400	4.00m/13ft	110-160lb	5lb
PV06-1-375	3.75m/12ft 6"	100-155lb	5lb
PV06-1-360	3.60m/12ft	90-140lb	10lb
PV06-1-350	3.50m/11ft 6"	90-140lb	10lb PV06-1-bund
PV06-1-bung	Replacement Bung		



	Length	Weight Range	Increments of
PV06-2-510	5.10m/16ft 9"	185-210lb	5lb
PV06-2-500	5.00m/16ft 5"	170-210lb	5lb
PV06-2-490	4.90m/16ft 1"	160-200lb	5lb
PV06-2-470	4.70m/15ft 6"	150-195lb	5lb
PV06-2-460	4.60m/15ft	140-190lb	5lb
PV06-2-bung	Replacement Bung		



Weight Pange

WITH CARBON WITS IN WINDOW

Weight Range

135-180lbs

130-180lbs

125-170lb

### PV06-2 PACER MYSTIC

Length

	9		
PV06-3-400	4.00m/13ft	110-160lb	5lb
PV06-3-375	3.75m/12ft 6"	100-160lb	5lb
PV06-3-360	3.60m/12ft	90-150lb	5lb
PV06-3-350	3.50m/11ft 6"	90-150lb	10lb
PV06-3-335	3.35m/11ft	80-150lb	10lb
PV06-3-325	3.25m/10ft 6"	80-140lb	10lb
PV06-3-310	3.10m/10ft	70-130lb	20lb
PV06-3-bung	Replacement Bung		

### PV06-2 CARBON MYSTIC

	Length
PV06-4-440	4.40m/14ft 6"
PV06-4-425	4.25m/14ft
PV06-4-415	4.15m/13ft 6"
PV06-4-400	4.00m/13ft
PV06-4-bung	Replacement Bung

### **PV07 VAULTING POLE GRIP TAPE**



### PV08 GRIP LOTION





### 120-160lb PV09 VAULTING POLE BAGS

Carry up to five poles. Constructed from heavy duty cordura nylon for extra life. adjustable for different pole lengths

PV09-1a Pacer PV09-1b Mystic PV09-1c Proathletics



PV07-2

T | 020 8885 3620 F | 020 8885 3676

Increments of

Increments of

5lb

5lb

5lb

5lb



Constructed from quality foam. Foam modules designed for comfort and safety on landing. Spike resistant breather fabric covers the top of the wearsheet. Handles situated at a comfortable lifting height on each module. Modules lock together with rugged buckles and straps. Wearsheet attached by quick release clips. Anti slide material is used on the base of the modules, cut out around box allows pole to rotate freely without touching bed.

PV10-1 GRAND PRIX - IAAF
PV10-1a 8.00m x 6.20m x 0.80m
PV10-1ar Raincover

NOTE: These items are manufactured to order. Lead time approx. 4 weeks.



### PV10-3 STADIUM MODULAR

PV10-3a 8.00 x 6.20m x 0.80m

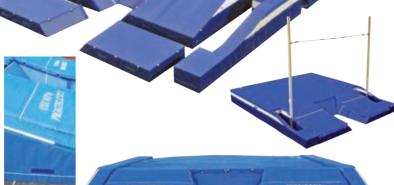
PV10-3ar Raincover PV10-3b 8.00m x 5.00m x 0.80m

PV10-3br Raincover









### PV11 SAFETY PADS

Pads to protect athletes from injuring themselves on Pole Vault Stands.

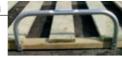
PV11-1 Conicle

PV11-2 Enclosed Base Runway

### PV12 POLE VAULT LANDING AREA PLATFORM

Sectional construction entirely from tanalised timber.

PV12-RB Restraining Bar





### PV14 POLE VAULT LANDING AREA COVER

Supplied in two sections. Welded space frame construction. Clad in electro-galvanised steel profiled sheeting. Rolled eaves for structural strength & rigidity. Four large rubber tyred wheels per section. Strong tubular handles for safe and easy handling. Raising and lowering mechanism for increased security. Size to suit requirements.









### **■ FE01 FOUNDATION TROUGH**

Constructed from galvanised steel. Trough to hold either Take-Off Board or Blanking Board.

### FE02 BLANKING BOARD

Constructed from galvanised steel. Supplied without synthetic surface.

### FE03 REMOVABLE TAKE OFF BOARD

Constructed from galvanised steel, Allows Take-Off board and No Jump Indicator to be attached. Fully adjustable from above. Supplied complete with surface hoard and No Jump Indicator

### FE04 POLE VAULT TROUGH

Constructed from galvanised steel. Powder coating optional. Supplied with or without lid. Supplied without synthetic surface.

FE04-1 Painted Steel FE04-2 Painted Steel,

complete with lid FF04-3 **Galvanised Steel** 

FF04-4 Galvanised Steel complete with lid









FF04-2







FE04-1

FE04-3

FE04-4 FE05 STEEPLECHASE WATER JUMP COVER

Constructed from aluminium tongue and groove profile. Supplied with or without rim for surfacing

FF05-1 With Rim FE05-2 Without Rim FE05-3 Underframe

### FE06 THROWING CIRCLES

### FE06-2 DISCUS CIRCLE

2.50m galvanised steel circle. Optional white powder coated finish.

### FE06-4 SHOT CIRCLE

2.135m galvanised steel circle. Optional white powder coated finish.

### FE06-5 SHOT CIRCLE COMPLETE WITH WOODEN STOPBOARD

As above, supplied with stopboard.

### FE06-3 CONCENTRIC CIRCLE INSERTS

Reduces circle from 2.50m to 2.135m. FE06-3a Fibreglass Reinforced Polyester

FE06-3b Wooden

FE06-3c Painted Steel (IAAF)

### FE06-3a

### FE07 SHOT STOPBOARDS

### FE07-1 WOODEN

Constructed from laminated softwood to IAAF requirements

Square back FE07-1a FE07-1b **Curved back** FE07-2 Aluminium - IAAF

Steel frame, wooden top - IAAF FE07-3 FE07-3WT Replacement wooden top



For indoor circles see Sportshall section.

FE06-3b

FE07-2

FE07-1a

FE08 CIRCLE COVER

### TID01-2 JURGEN SCHULT ULTIMATE SPIN - IAAF

Rim weight: 83%. Strong reinforced polycarbonate plates. Revolutionary rim design. Spin rate of 6-9 rev. per sec. Thrown by the world's best male and female Discus throwers.

TD01-2a 2.00kg - IAAF TD01-2b 1.00kg - IAAF



### TID01-3 HYPER SUPERSPIN - IAAF

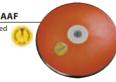
Rim weight: 82%. Strong reinforced polycarbonate plates. Very high spin rate of 6-8 rev. per sec. Superb for all wind conditions, particularly in still and tailwind conditions.

TD01-3a 2.00kg - IAAF TD01-3b 1.75kg - IAAF TD01-3c 1.50kg - IAAF TD01-3d 1.00kg - IAAF



### TID01-SM SKYMASTER - IAAF

Rim weight: 72-75%. Strong reinforced carbon plates. Gold & silver medals women's competition Berlin 2009. TD01-SM2 2.00kg - IAAF TD01-SM1 1.00kg - IAAF



### TID01-SP SPACE TRAVELLER - IAAF

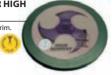
Rim weight 90%. Strong reinforced carbon plates. Black chromed steel rim. Gold medal CWG 2010.

TD01-SP2 2.00kg - IAAF TD01-SP1 1.00kg - IAAF



### TID01-NSHM NISHI - SUPER HIGH MOMENT - IAAF

Rim weight: 80%. F.R.P. (shell) and steel rim.
TD01-NSHM2 2.00kg - IAAF
TD01-NSHM1 1.00kg - IAAF



### TID01-PC POLANIK CARBON

Steel core. Brass rim. Carbon sideplates. Supplied with discus bag. TD01-PC2 2.00kg - IAAF

TD01-PC2 2.00kg - IAAF TD01-PC1 1.00kg - IAAF



### TID01-4 ODYSSEY - IAAF

Rim weight: 91%. Stainless steel rim Strong white plastic plates. TD01-4a 2.00kg - IAAF TD01-4b 1.00kg - IAAF



### TID01-5 GOLD - IAAF

Rim weight: 87%. Brass rim. Strong white plastic plates. TD01-5a 2.00kg - IAAF TD01-5b 1.75kg - IAAF TD01-5c 1.00kg - IAAF



### TID01-6 HOLLYWOOD STAR - IAAF

Rim weight: 75%. Steel rim. Straight grained hard rock maple sides. Triple coated with sealer and gloss varnish to keep out moisture.

TD01-6a 2.00kg - IAAF TD01-6b 1.00kg - IAAF



### TID01-7 OTE HIGH MOMENT - IAAF

Rim weight: 85% (2.00kg). Rim weight: 74% (1.00kg). Steel rim. Aluminium sides. To be thrown on soft grass surfaces. For competition use. TDD1-7a 2.00kg - IAAF

TD01-7a 2.00kg - IAAF TD01-7b 1.50kg - IAAF TD01-7c 1.00kg - IAAF



### TID01-8 SUPER SPIN BLACK - IAAF

Rim weight: 85%. Stainless steel rim. Strong black plastic sides. Used at major events worldwide. TD01-8a 2.00kg - IAAF

TD01-8b 1.75kg - IAAF TD01-8c 1.50kg TD01-8d 1.00kg - IAAF



### TID01-9 ULTIMO

Rim weight: 83%. Stainless steel rim. Strong reinforced plastic sides.

TID01-9a 2.00kg

TID01-9b 1.75kg TID01-9c 1.50kg TID01-9d 1.00kg

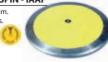


### TID01-10 OLYMPIA SUPER SPIN - IAAF

Yellow/ Blue. Rim weight: 80%. Steel rim. ARS plastic sides without centre plates TID01-10a 2.00kg - IAAF

TID01-10b 1.75kg

TID01-10c 1.50kg TID01-10d 1.25kg TID01-10e 1.00kg - IAAF



### TID01-11 ALUMINIUM JUPITER LOW SPIN

Rim weight: 78% Stainless steel rim Anodised aluminium side plates

TID01-11a 2.00kg TID01-11b 1.00kg



### TID01-12 LO SPIN - IAAF

Rim weight: 75%. Steel rim. Strong ABS plastic sides

TID01-12a 2.00kg - IAAF TID01-12b 1.75kg - IAAF

TID01-12c 1.50kg - IAAF TID01-12d 1.25kg TID01-12e 1.00kg - IAAF

TID01-12f 0.75kg



### TID01-13 COMPETITION PLASTIC - IAAF

Suitable for both competition and training. Steel rim. Strong plastic sides.

TID01-13a 2.00kg - IAAF TID01-13b 1.75kg - IAAF TID01-13c 1.50kg - IAAF TID01-13e 1.00kg - IAAF

TID01-13f 0.75kg



### TID01-14 CHALLENGER

Rim weight: 73% Steel rim Blue ABS plastic sides

TID01-14a 2.00kg TID01-14b 1.75kg TID01-14c 1.50kg

TID01-14d 1.25kg TID01-14e 1.00kg

TID01-14f 0.75kg



### TID01-15 PURPLE CLUB

Rim weight: 70%, Steel rim, Purple plastic sides.

A genuine value for money discus. TID01-15a 2.00kg

TID01-15b 1.75kg TID01-15c 1.50kg TID01-15d 1.25kg

TID01-15e 1.00kg TID01-15f 0.75kg



### TID01-16 WOODEN

Steel rim. Seasoned wooden sides. Inexpensive schools / training Discus-

TID01-16a 2.00kg TID01-16b 1.75kg

TID01-16c 1.50kg TID01-16d 1.25kg TID01-16e 1.00kg TID01-16f 0.75kg



### TID01-17 BLACK RUBBER

Tough durable black solid Discus. Coloured centre for easy recognition of weight. TID01-17a 2.00Kg

TID01-17b 1.75Kg TID01-17c 1.50Ka TID01-17d 1.25Kg

TID01-17e 1.00Kg TID01-17f 0.75Kg TID01-17a 0.60Ka



### TID01-18 DISCOVERY VINYL

Ideal for introducing the event and Discus drills

TID01-18a 200gm TID01-18b 300gm TID01-18c 500gm



### TID01-19 UNDERWEIGHT/ OVERWEIGHT TRAINING

Steel rim. Strong plastic sides.

Sized as 1.00kg/2.00kg. TID01-19a 900gm (1kg size)

TID01-19b 950gm (1kg size) TID01-19c 1.25kg (1kg size) TID01-19d 1.50kg (1kg size) TID01-19e 1.90kg (2kg size)

TID01-19f 2.25kg (2kg size)

Carries two discus of any size.

TID02 DISCUS CARRYING BAG



### TID01-20 DISCUS TRAINING TOOL

Places emphasis on the proper foot technique. Improves throwing strength. Improves speed and explosive strength capability.

Provides immediate feedback of technique.

TID01-20a 3.40Kg

TID01-20b 2.65Kg

TID01-20c 2.10Kg TID01-20d 1.66Kg







T | 020 8885 3620 F | 020 8885 3676

### TIS01-1 STAINLESS STEEL SHOT - IAAF Top quality rust proof stainless steel. Machine turned for precision, shape and weight

TIS01-1a 7.26Kg (129mm dia.) - IAAF TIS01-1e TIS01-1b 7.26Kg (125mm dia.)

TISO1-1c 7.26Kg (120mm dia.) TISO1-1d 7.26Kg (115mm dia.) TISO1-10 7.26Kg (115mm dia.) - IAAF

TISO1-1f 6.00Kg (110mm dia.) - IAAF TIS01-1a 5.00Kg (110mm dia.) - IAAF

TIS01-1h 5.00Kg (105mm dia.) - IAAF TISO1-1i 4.00Kg (109mm dia.) - IAAF 4.00Kg (105mm dia.) - IAAF TISO1-1i TIS01-1k 4.00Kg (104mm dia.)

TICO1 1I 4.00Kg (100mm dia.) TIS01-1m 4.00Kg (100mm dia.) - IAAF TIS01-1n 4.00Kg (95mm dia.) - IAAF





TIS01-3a

TISO1-5a

### TIS01-2 BRASS - IAAF

Lead filled brass shell.

Machine turned for precision, shape and weight TIS01-2a 7.26Kg (115mm dia.) - IAAF TIS01-2b 7.26Kg (110mm dia.) - IAAF TIS01-2c 6.00Kg (110mm dia.) - IAAF

TIS01-2d 5.00Kg (110mm dia.) - IAAF TIS01-2e 4.00Kg (100 mm dia.) - IAAF TIS01-2f 4.00Kg (95mm dia.) - IAAF

TIS01-2a 3.00Ka (95mm dia.)



TISO1-22



TIS01-4h

TIS01-63

TIS01-8a

TIS01-8d

### TIS01-3 STEEL

Lead filled steel shell

Machine turned for precision, shape and weight, Polyurethane paint for smooth and durable finish.

TIS01-3a 7.26Kg (129mm dia.) - IAAF TIS01-3b 7.26Kg (125mm dia.)

TIS01-3c 7.26Kg (120mm dia.)

TIS01-3d 7.26Kg (120mm dia.) - IAAF TIS01-3e 7.26Kg (115mm dia.) TIS01-3f 7.26Kg (110mm dia.)

TIS01-3g 6.00Kg (115mm dia.) - IAAF TIS01-3h 5.00Kg (100mm dia.) - IAAF

TIS01-3i 4.00Kg (109mm dia.) TIS01-3i 4.00Kg (104mm dia.) TIS01-3k 4.00Kg (102mm dia.)

TIS01-3I 4.00Kg (100mm dia.) TIS01-3m 4.00Kg (100mm dia.) - IAAF

TIS01-3n 4.00Kg (95mm dia.)

### TIS01-4 GAUGED INTERNATIONAL

Turned Iron, Solid cast iron

Machine turned for precision, shape and weight. Polyurethane paint for smooth and durable finish.

TIS01-4a 7.26Kg (129mm dia.)

TIS01-4b 7.26Kg (125mm dia.) TIS01-4c 7.26Kg (120mm dia.) - IAAF

TIS01-4d 6.00Kg (119mm dia.) TIS01-4e 5.00Kg (114mm dia.)

TIS01-4f 4.00Kg (109mm dia.) TIS01-4a 4.00Kg (108mm dia.) - IAAF TIS01-4h 4.00Kg (104mm dia.) - IAAF

TIS01-4i 4.00Kg (100mm dia.) - IAAF TIS01-4i 3.00Kg (97mm dia.)

### TIS01-6 UNTURNED

Accurate weight cast iron. Colour coded by weight.

TIS01-6a 7.26Kg TIS01-6e 3.25Kg TIS01-6f 3.00Kg TIS01-6b 6.00Ka

TIS01-6c 5.00Kg TIS01-6q 2.72Kg TIS01-6d 4.00Kg TIS01-6h 2.00Ka



Lead filled shell.

TIS01-8a 7.26Kg (135mm dia.) TIS01-8b 6.00Kg (128mm dia.) TIS01-8c 5.00Kg (112mm dia.)

TIS01-8d 4.00Kg (112mm dia.) TIS01-8e 3.25Kg (112mm dia.) TIS01-8f 3.00Kg (112mm dia.)

TIS01-8g 2.72Kg (100mm dia.) TIS01-8h 2.00Kg (100mm dia.) TIS01-8i 1.00Kg (100mm dia.)

TIS03-2 CHALK BLOCKS

Ensures a dry, firm grip.

### TIS03-3 CHALK BOWL STAND

Freestanding, Steel tube construction. Dainted finish

### TIS04 SHOT PUT IMPRINT LANDING MAT

Constructed from heavy-duty visco-elastic foam. Outer layers reinforced by dense polyurethane. Point of impact remains visible for a few moments.





### TIS01-5 INTERNATIONAL TURNED IRON

Solid cast iron Precision turned economy competition shot. TIS01-5a 7.26Kg

TIS01-5e 3.25Kg TIS01-5f 3.00Kg TIS01-5b 6.00Kg TIS01-5c 5.00Kg TIS01-5a 2.72Ka TIS01-5d 4.00Kg TIS01-5h 2.00Kg

### TIS01-7 OVERWEIGHT As cast, Ideal for training

TIS01-7a 9.00Kg TIS01-7b 8.50Kg

TIS01-7c 8.00Ka TIS01-10 DISCOVERY

### Vinyl shot ideal for shot drills and introducing the event.

Suitable for children.

### TIS02-1 SHOT CARRYING BAG Holds two Shot. Complete with shoulder strap Zip and press stud fastening.

TIS05 SHOT PUT **RETURN CHANNEL** 

Strong aluminium profile for returning shot during competition



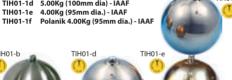


### TIH01-1 STAINLESS STEEL - IAAF

High quality competition implement. Precision turned

TIH01-1a 7.26Kg (110mm dia.) - IAAF TIH01-1b Polanik 7.26Kg (110mm dia.) - IAAF

TIH01-1c 6.00Kg (105mm dia.) - IAAF TIH01-1d 5.00Kg (100mm dia) - IAAF















TIH01-1 NISHI 4.00Kg - IAAF

TIH01-1 ZIOLKOWSKI - IAAF

Hammers in cooperation with Olympic

7.26Kg - IAAF

4.00Kg - IAAF

4.00Kg - IAAF

TIHO1-1778 Black 7.26Kg - IAAF

New exclusive premium range of

Champion Szymon Ziolkowski.

TIH01-1775 Silver

TIH01-1Z4B Black

TIH01-1745 Silver



### TIH01-2 BRASS

High quality competition implement. Precision turned

TIH01-2a 7.26Kg (110mm dia.) - IAAF TIH01-2b Polanik 7.26Kg (110mm dia.) - IAAF TIH01-2c 6.00Kg (105mm dia.) - IAAF

TIH01-2d 5.00Kg (100mm dia.) - IAAF TIH01-2e 4.00Kg (95mm dia.) - IAAF

TIH01-2f Polanik 4.00Kg (95mm dia.) - IAAF

TIH01-2a 3.00Kg (95mm dia.)



TIH01-7 STEEL TRAINING

High quality steel training Hammer. TIH01-7a 7.26Kg TIH01-7b 6.00Kg TIH01-7c 5.00Ka TIH01-7d 4.00Kg TIH01-7e 3.00Kg TIH01-7f 2.00Kg











### TIH01-3 STEEL

High quality competition implement. Precision turned TIH01-3a 7.26Kg (110mm dia.) - IAAF

TiH01-3b 7.26Kg (110mm dia.)

TIH01-3c Polanik 7.26Kg (110mm dia.) - IAAF

TIH01-3d 6.00Kg (105mm dia.) - IAAF TIH01-3e 6.00Kg (105mm dia.) - IAAF TIH01-3f 5.00Kg (100mm dia.) - IAAF TIH01-3g Polanik 4.00Kg (95mm dia.) - IAAF

TIH01-3h 4.00Kg (95mm dia.) - IAAF



### TIH01-8 CAST TRAINING

With aluminium handle. Accurate weight ungauged training Hammer.

TIH01-810 10.00Kg TIH01-8a 9.00Kg TIH01-8h 8.50Kg TIH01-8c 8.00Ka TIH01-8d 7.26Kg TIH01-8e

6.00Ka TIH01-8f 5.00Ka TIH01-8a 4.00Kg TIH01-8h 3.00Kg

### TIH01-5 SPECIFIC **WEIGHT HAMMERS**

Smallest possible diameters

Used by the UK's top throwers in training. TIH01-5a 4.50Kg TIH01-5e 7.50Kg

TIH01-5b 4.75Kg TIH01-5f 7.80Kg TIH01-5c 5.50Kg TIH01-5g 10.00Kg

TIH01-5d 6.50Kg



### TIH01-9 CHAIN

Accurate weight Robust training aid. Protects stadium infield. TIH01-9a 7.26Kg

TIH01-9b 6.00Kg TIH01-9c 5.00Ka TIH01-9d 4.00Kg TIH01-9e 3.00Kg



Turned Iron Hammer suitable for competition. TIH01-6a 7.26Kg TIH01-6e 3.25Kg

TIH01-6b 6.00Kg TIH01-6f 3.00Kg TIH01-6g 2.00Kg TIH01-6c 5.00Kg TIH01-6d 4.00Kg



### TIH01-10 INDOOR RUBBER

With conventional hammer handle. Ideal for use indoors. The best indoor Hammer on the market.

TIH01-10a 7.26Kg TIH01-10b 6.00Kg TIH01-10c 5.00Kg

TIH01-10d 4.00Kg TIH01-10e 5.00Kg TIH01-10f 4.00Kg

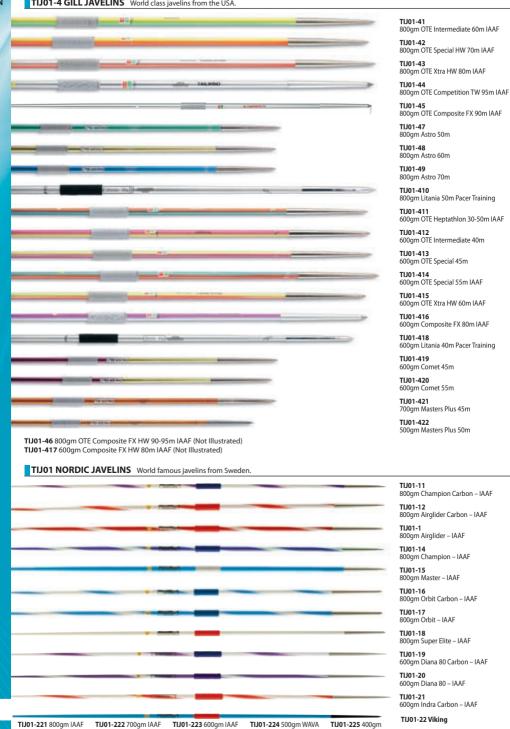


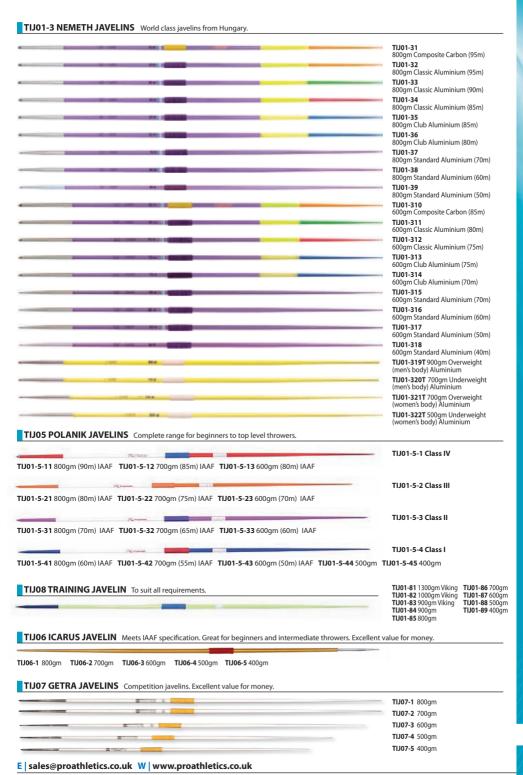


All Hammers are supplied complete with wire & handle.









**HROWING IMPLEMENTS - JAVELIN** 



### TIJ02-2 VINYL

TIJ02-2a 1.00Kg

TIJ02-2b 800gm

TIJ02-2c 600gm TIJ02-2d 400gm TIJ02-4 CAST IRON

TIJ02-4a 800gm

TIJ02-4b 700gm

TIJ02-4c 600gm TIJ02-4d 400gm

### TC01-1 HAMMER / DISCUS THROWING CAGE - IAAF

10 post fully galvanised steel construction. Posts are hinged for raising and lowering. Supplied with one piece tailored heavy duty knotted netting. Doors padded for extra protection.











### TC01-2 HAMMER / DISCUS THROWING CAGE **UKA SPECIFICATION**

9m doors / 7m main cage height. 8/9 post fully galvanised steel construction. TC01-2a Concentric Circle TC01-2b Double Circle





### TC01-3 HAMMER / DISCUS THROWING CAGE - SCHOOLS

5.50m gates, 5.00m cage. Fully galvanised.





### **TC02 DISCUS THROWING CAGES**

### TC02-1 GRAND PRIX PORTABLE DISCUS CAGE

Cage height: 5.00m. Seven aluminium posts. Single nylon net suspended with substantial pulley ropes. Galvanised steel post bases weighted with 300Kg each. Easy to erect and dismantle.



### TC02-2 GRAND PRIX SOCKETED DISCUS CAGE - IAAF



Cage height 4.50m. 7 No. fully galvanised steel posts. Posts are hinged for raising & lowering. Supplied with knotless netting.

### TC02-3 STADIUM

Cage height: 5.00m. Steel posts, stays and sockets.
Discus quality netting. Fully galvanised.



### **TC03 INDOOR THROWING CAGES**

Suitable for all throwing events.

Designed to meet individual customer requirements.







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For Sportshall Divider Nets see Netting section

### ME01-1 STEEL MEASURING TAPE

Good quality measuring tape.

ME01-1a 100m ME01-1b 50m ME01-1c 30m ME01-1d 20m ME01-1a 10m



### ME01-2 FIBREGLASS MEASURING TAPE

Good quality measuring tape

ME01-2b 50m ME01-2c 30m ME01-2d 20m





### ME02 MARKER SPIKE

Stainless steel. Lightweight. Ideal for officials.

### ME04 DIGITAL TIME

Adjustable in periods of thirty seconds. Maximum reading: 9 minutes 30 seconds. Display is 3 x 100mm electro-mechanical units. Tripod and fixing pegs included. Flag for indicating wind direction.



### ME03 ANALOGUE TIME ELAPSED CLOCK

Indicates time available for jumpers and throwers. Shows 0-6 minutes. Battery operated. Tripod and fixing pegs included. Flag for indicating wind direction.



### ME06 WIND GAUGE

Measures wind speed using an accurate measuring fan. Displays the average wind speed and direction. Easy to read liquid crystal display (LCD). Connection for a hand held remote control unit. Output to a serial printer for a hard copy of measurement. Date and time dis

serial printer for a hard copy of measurement. Date and time display. Displays month and year last calibrated. Output for self powered magnetic displays. Auto shut-off to conserve batteries.



### ME06-2 REMOTE CONTROL UNIT

Supplied with 7m lead.

ME06-1 WIND SPEED DISPLAY







### ME06ULT ULTRASONIC WIND GAUGE

Conforms to IAAF Rules. State of the art electronics. 4 element sensors, which give a true 360° operation for an accurate positive and negative reading. Rugged lightweight corrosion free exterior. Supplied with handheld control unit on a 7m lead. No calibration required. Radio link to the starting system and results computer can be supplied as an optional extra.

### ME07 PHOTO FINISH & ELECTRONIC TIMING EQUIPMENT Details on request.

### ME08 TIMING TEST CENTRE

The Test Centre enables coaches to time athletes in any discipline with ease. Timing can be monitored by the coach from any point on the field. Multiple intermediate times can be stored and recalled. The timer can be left unmanned and provides times without an operator. Set up is quick and the entire system fits into a small bag. MEO8-1 Speedtrap 1

MEOG-1 Speedtrap

ME08-2 Speedtrap 2 - Completely automatic wireless system.





### ME10-11 ELECTRONIC SCALES 1g-11kg

Ideal and affordable for any stadium. Accurate to 1gm for Hammer, Discus, Shot and Javelin. Complete with battery.

ME10-1REPLACEMENT BATTERY



### ME10-3 ELECTRONIC SCALES 1g-30kg

Modern low profile design. Anti-tilt bumpers and non-slip feet for stability. Large, rigid, backlit LCD display. Internal rechargeable battery and approx. 70 hrs of operation. Large stainless Steel Pan.



### ME10-2 5kg STAMPED TEST WEIGHT

For calibrating electronic scales.





Easy to read numbers. Large cast brass bell. Aluminium.

### PE03-1 STOPWATCH Basic functions

with XL display.



### PE06 SEIKO SPORTS TIMER

200mm high digits for 100m visibility.
Anti reflective material make reading easier in direct sunlight. Displays hours-minutes-seconds-Tenths of seconds-Hundredths of seconds. Built in buzzer can be set to sound at fixed intervals. Maybe interfaced with other timing equipment. Runs from 8AA dry cells.



PE05 REPLACEMENT
SCOREBOARD UNITS
PE05-1 Black

PE05-2 Red PE05-3 Drilled Black PE05-4 DrilledRed

### GT01-1 TRACK KERBING

Clearly visible. Easy to mount and dismantle. Extremely durable

For kerb spares

GT01-1 Aluminium - IAAF

GT01-2 PVC



### GT02-1 GRAND PRIX DISTANCE MARKER BOX

Supplied in pairs Polyester reinforced with fibreglass prism, Lightweight and easy to carry, Designed for stacking. Per pair, numbered accordingly. GT02-1a Shot

GT02-1b Discus/Hammer/Javelin



### GT02-3 STADIUM DISTANCE MARKER BOX

Supplied in pairs, Wooden construction, Vinvl numbers. Carrying handle, Stackable for easy storage,

GT02-3a Shot

GT02-3b Discus/Hammer/Javelin



### GT02-2 INTERNATIONAL DISTANCE MARKER BOX

Supplied in pairs. Fibreglass construction. Vinvl numbers, Lightweight and easy to carry. Designed for stacking.

GT02-2a Shot

GT02-2h Discus/Hammer/Javelin



### GT02-4 SCHOOLS DISTANCE MARKER BOX

Supplied in pairs Vinyl and foam construction, Bold black numbers on fluorescent orange background. Stores flat.





Galvanised steel construction. With anti-slip steps. GT04-2a Eight step GT04-2b Six step





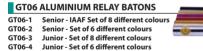
### GT03-1 STADIUM WINNERS ROSTRUM

Strong timber construction with three levels. Anti-slip top surface, Numbered 1, 2 and 3, Vinvl numbers, Painted white,



### GT05 FINISHING POSTS

Supplied in pairs. GT05-1 Freestanding GT05-2 Socketed



### GT07 PLASTIC RELAY BATONS

GT07-1 Senior - Set of 8 different colours GT07-2 Senior - Set of 6 different colours GT07-3 Junior - Set of 8 different colours

GT07-4 Junior - Set of 6 different colours







### GT10 SECTOR MARKING TAPE

25m roll. Includes fifteen ground staples. Available in several colours.

GT10-1 White GT10-2 Red GT10-3 Blue

GT10-4

GT10-HD White Heavy Duty 100m roll with galvanised clout nail.

### GT10-6 TAPE REEL

Steel construction winding drum with handle. 100m capacity.



### GT10-5 GROUND STAPLES

GT08 LOUD HAILER Hand held, Battery operated GT08-1 Stadium GT08-2 Schools





GT10-7 SECTOR BOUNDARY FLAGS GT10-7P Plastic GT10-7S Steel



### GT010-8 SAFETY SECTOR NET



Conforms to BS873 45cm



### GT11-5 MULTI MARKERS

Set of forty - domed. Multi-coloured. Complete with stand.



Set of forty. Flattens when stood upon and re-forms for safety. Multi-coloured. Complete with stand.



### GT11-4 MARKER CONES - LIGHTWEIGHT 23cm

GT11-3 MARKER CONES - WEIGHTED 23cm

Available in several colours.

Available in several colours.

GT11-3b Red GT11-3c Green

GT11-3d Yellow

GT11-4a Blue GT11-4b Red

GT11-4b Red GT11-4c Green GT11-4d Yellow



### GT12-1 WARNING HORN

### GT12-2 AIR HORN

CFC canister.

GT12-2a Replacement canister



### GT13-2 UMPIRES FLAG - YELLOW/WHITE

GT13-1 JUDGES FLAG - RED/WHITE

Per pair.

GT13

Per pair.

GT13-4 FLAG - CHEQUERED

Per unit

Per unit



### GT14-1 FENCING PINS - HEAVY DUTY

Size: 1.4m x 14-16mm

### GT14-2 FENCING PINS - STANDARD

Size: 1.4m x 11-12mm



Available in blue or vellow.

GT15-1 Polypropylene 8mm - 220m reel GT15-2 Polypropylene 6mm - 220m reel



### GT13-3 FLAG - GREEN

GT13-5 FLAG - PLASTIC

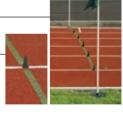
Per pair. Complete with posts and bases. 800m breakpoint flags.

### GT13-3 PRISM

Foam prism for break point. Set of 8.

### GT13-3 CONE

10cm mini cone for break point.



### GT15-4 TUG OF WAR ROPE

Self coloured. Tug of War Association specification.



### GT16-1 INTERNATIONAL TEAM SHELTER

Can be supplied with plastic seats or wooden slatted bench. High visibility polycarbonate.

GT16-1a 6.00m GT16-1b 5.00m GT16-1c 4.00m GT16-1d 3.00m



As per customer requirements.







### GT18-1 LARGE STADIUM **EQUIPMENT TROLLEY**

Steel construction Overall size: 3.00m x 2.00m 40cm pneumatic wheels. Towing eyes at front and rear. Handles for pulling manually, Ideal for Landing Area modules

Timber body, steel chassis. Overall size 1100mm x 534mm x 125mm. Ideal for general use.



### GT19 FIRST AID KIT

Contents: 1 guidance card, 60 adhesive plasters, 6 eve pads with bandage, 8 triangular bandages, 12 safety pins, 12 HS medium dressings, 4 HS large dressings, 20 individually wrapped wipes, 3 pairs disposable gloves.

### GT20 ACCIDENT REPORT BOOK

### GT21 LITTER BIN

Smart plastic freestanding bin. Two large openings for litter disposal. A must for all sports facilities.

### GT22 GRAFFITI REMOVER

Non-hazardous. Effective against all types of graffiti, including spray paint.



### GT23 SAFETY WARNING SIGNS

As suggested by UK Athletics, Helps to reduce accidents and create awareness. Vinyl lettering on aluminium backboard, Supplied with posts.

### GT23-1 THROWING CAGE SIGN

### SAFETY WARNING

### GT23-2 INFIELD SIGNS (PAIR)





### GT23-3 THROWING AREA GT23-4 'PLEASE DO NOT 'DO NOT CROSS' SIGN

Freestanding



**USE LANES 1 & 2' SIGN** 

Freestanding

### GT25 HYDRANT COVERS

Manufactured from foam, covered with PVC. Complete with velcro fastening.







### GT24 STEEL INFIELD POST & GROUND SOCKET Steel powder coated post with eyelets. Red oxided ground socket. GT24-R 10m Infield Rope

c/w Carbine Hooks







### ■ NE01 HAMMER CAGE/DOOR NETTING

NE01-GREEN Knotless - Green
NE01-GREENK Knotted - Green
NE01-BLACK Knotless - Black
NE01-WHITE Knotless (Nylon) - White





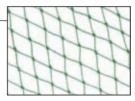


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All netting is manufactured with sewn in border rope and header ropes, unless otherwise stated.

### ■ NE02 DISCUS CAGE NETTING

NE02-GREEN Knotted - Green



### NE03 RABBIT/FOX DETERRENT BARRIERS



### ■ NE04 SPORTS HALL DIVIDER CURTAINS

Manufactured to customer requirements.

### **NE05 TENNIS NETS**

Double Mesh Header Band - 12.81cm long.

NE05-1 Loop/Pin NE05-2 Double Loop





### ■ NE06 FOOTBALL NETTING

NE06 Football NE06-1 Wembley NE06-2 Club

NE06-2 Club NE06-3 Medium Club NE06-4 Junior

NE06-5 5-A-Side (pr.)

NE06-51 4.90m x 1.30m (16`x 4`) NE06-52 3.70m x 1.30m (12` x 4`)

NE06-53 2.50m x 1.30m (8' x 4')

### NE07 NETBALL NETS (PER PAIR)

### **■ NE08 COMPETITION BADMINTON NETS**

Mesh width 19mm x 19mm, 6.10m x 0.76m. Black with white bottom and side bands. 3mm tensioner line.

### NE09 CRICKET NETTING (per sq. m)

Manufactured to customer requirements.

### NE10 BESPOKE NETTING PROJECTS FOR SPORT OR INDUSTRY









### TM03 LINE MARKER LIQUID

Designed for all transfer wheel marking. No mixing required. High visibility white. 15 litre drum. Coverage: approx four football pitches.



### TM02 LINE MARKING MACHINE

Machine for marking out white on sports grounds. Front wheel marking. Removable tank wheel. Eighteen litre tank. 50mm wide marking wheel.





### TM05 TRACK REPAIRS

As required. Price on application.

### TM06 TRACK SWEEPERS



### TM06-2 THE '52' SPORTSMAN

Walk behind sweeper with forward traction. Choice of battery or petrol. Features as per '75' Sportsman. Can be used both indoors and outdoors. Ideal for sports halls with a range of floor finishes.

### TM06-3 BILLY GOAT QUIET VAC

On board hose optional.

5.5 HP Honda petrol engine. 27" sweep push alone machine. Simple to use two in one unit. Quickly converts for use on turf or hard surfaces. Picks up litter, bottles, cans, debris and leaves. Unique bag design enables quick, clean and easy emptying. Easy height control. Picks up items as large as one litre glass bottles. Keeps dust out of operator's face. Combination liners. Advanced safety features.

# **NTENANCE & INSTALLATION SERVICES**

## Making a start.



### TM08 OUTDOOR SHOT & DISCUS CIRCLE

To UKA specifications



TM10 SERVICE ALUMINIUM TRACK KERB

### TM11 INSTALL POLE VAULT **ENCLOSED BASED RUNWAYS**

TM11-F Fixed TM11-R Removable



### TM09 DISABLED ANCHOR GROUND FIXINGS

TM09-1 M16 Threaded Socket with Base Plate M16 Threaded Socket TM09-2

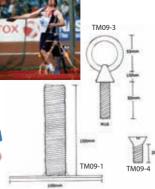
without Base Plate

TM09-3 M16 Large Stainless Steel Eve TM09-4 M16 Stainless Steel Cap Head Screw

TM09-5 M16 Plated Steel Cap Head Screw

TM09-6 Ratchett Strap TM09-7 Installation





### TM12 SERVICE LONG/TRIPLE JUMP FOUNDATION EQUIPMENT

### TM13 INSTALL RUBBER SAFETY EDGE TO SANDPITS

### TM15 INSTALL JUMPS AREAS





### TM16 INSTALL STEEPLECHASE WATER JUMP HURDLE

### TM14 INSTALL LONG/TRIPLE JUMP RUN UPS



### TM19 PROTECTIVE PADDING FOR DANGEROUS OBSTACLES



### SH05 INDOOR THROWING CIRCLES

Timber construction. Made in two sections for easy handling and storage.

SH05-1 Shot Complete With Stophoard



### SH06-1 ROLL OUT RUNWAY MATTING

Per m<sup>2</sup>. For both outdoor and indoor use. Compound of regenerated rubber and polyethylene, 1,25m width, Length to customers requirements.

SH06-1a 12mm Thickness SH06-1b 10mm Thickness





### SH06-2 FX TILE

Satisfies critical fall height regulations for Pole Vault. Size: 1.00m v 0.50m v 50mm

### SH06-5 PVC COVERED MATS

Manufactured using flame retardant PVC and chip foam. Anti-slip base.

SH06-5a 122cm x 90cm x 2.cm SH06-5b 122cm x 90cm 2.5cm SH06-5c 188cm x 122cm x 2cm SH06-5d 183cm x 122cm x 2.5cm SH06-5e 183cm x 122cm x 3cm

SH06-5f 200cm x 100cm x 3.2cm

SH06-5g 200cm x 100cm x 5cm SH06-5h 200cm x 100cm x 4cm

### SH06-6 DELUXE PVC COVERED MATS

As above, but with combustion modified foam.

SH06-6i 200cm x 100cm x 5cm SH06-6h 200cm x 100cm x 4cm SH06-6g 200cm x 100cm x 3.2cm

SH06-6f 183cm x 122cm x 5cm SH06-6e 183cm x 122cm x 3cm SH06-6d 183cm x 122cm x 2.5cm SH06-6c 183cm x 122cm x 2cm

SH06-6h 122cm x 90cm 2.5cm SH06-6a 122cm x 90cm x 2cm

### SH06-7 CRASH MATS

Flame retardant PVC heavy duty covers. Velcro closing on two sides. Four carrying handles and toggles/loops in each corner. Anti-slip bases.

SH06-7a 305cm x 152cm x 30cm SH06-7b 244cm x 137cm x 30cm SH06-7c 244cm x 137cm x 25cm SH06-7d 244cm x 137cm x 20cm SH06-7e 244cm x 122cm x 20cm SH06-7f 183cm x 122cm 10cm

### SH04 BEAN BAGS

Four different colours. 14cm v 9cm Weight approx 126cm



### SH02R RUNNING PACKAGE

3 foldable mats

12 foldable hurdles 12 Slalom poles (120cm) & bases, 2 Foam rings, 30 Small cones

1 Instruction Guide & DVD



### SH02J JUMPING PACKAGE

3 pole vault poles.

6 pole vault target mats, 1 hop cross mat.

2 skipping ropes 1 speed ladder.

1 Instruction Guide & DVD.



### SH02T THROWING PACKAGE

3 300am discovery discus. 3 soft javelins,

3 vortex howlers,

3 300gm `D' Balls.

1 40m measuring tape. 1 set of numbered distance

cones, Instruction Guide A DVD



### SH06-3 FOLDABLE ECONOMY EXCERCISE MAT

Light enough to carry, Ideal for Yoga and any floor exercise. Size: 180cm x 60cm x 1cm.



### SH06-4 FOLDABLE DELUXE EXCERCISE MAT

Light enough to carry around. Ideal for Yoga and any floor exercise. Size: 184cm x 74cm x 2cm.



### SH07-1 BALANCE BENCHES

Traditional balance bench, constructed to the highest standards, Optimum structural stability. SH07-1a 4.00m

SH07-1b 3.00m SH07-1c 2.50m SH07-1d 2.00m



# CONDITIONING EQUIPMENT

### CE01 MEDICINE BALL

Small diameter for more varied training exercises. Easy to grin surface. Can be used both indoors and outdoors. Inflated or deflated using a needle adapter.

CE01-1 8.00Kg CF01-6 3.00Ka CE01-7 2.50Kg CE01-2 7.00Kg CE01-3 6.00Kg CE01-8 2.00Kg

CE01-4 5.00Kg CF01-9 1.50Kg CE01-9ka 9.00Ka CF01-5 4.00Kg CF01-10 1.00Kg CF01-10kg 10.00Kg

CEODE DOUBLE GRIP MEDICINE BALL Versatile training aid for rotational exercise Double grip enables greater control CE01DB5 5.00Ka CF01DR6 6 00Km





### CE02 EOUIPPED MEDICINE BALL

As standard medicine ball, Provision for rope attachment, (rope provided). Inflated or deflated using a needle adaptor. Extensive range of exercise nossihilities

CE02-1 6.00Ka CE02-2 5.00Ka CE02-3 4.00Kg CE02-4 3.00Kg

CE02-5 2.00Kg CE02-6 1.00Ka CE02-1.5kg 1.50Kg









### CE03 'D' BALL

Built-in handle, Ideal for throwing technique work and rehabilitation.

CE03-1 5.00Kg CE03-2 4.00Kg CE03-4 2.00Kg CE03-3 3.00Kg

CE03-5 1.50Kg CE03-6 1.00Kg CE03-6kg 6.00Kg











### CE04 GYM BALLS

Large inflatable ball ideal for rehabilitation and core stability. Supplied deflated.

CE04-1 120cm CF04-2 90cm CF04-3 75cm CE04-4 65cm CE04-5 55cm CF04-6 Pump



### CE05 REACTION BALL

Training aid designed to develop guick reactions. The six-sided design allows the ball to bounce and leap unpredictably in different directions, Ideal for a variety of training programs at all levels.



### CE06-1 9ft COTTON SKIPPING ROPE

Wooden ball-bearing handles.

### CE06-2 9ft LEATHER SKIPPING ROPE

Wooden ball-bearing handles

### CE06-3 10ft LIQUORICE SPEED SKIPPING ROPE



### CE07 SPRINGBOARDS

CE08-50 WOBBLE BOARD

Designed to assist in the exercising of

ankles and knees. Warm cork non-slip

surface and tough cruciform base. 500mm diameter, 90mm high.

Ideal for training for both the vertical and horizontal jumps. Heavy Duty with Carpet Surface 106cm x 53cm

CE07-1a Heavy Duty with Synthetic Surface 106cm x 53cm

CE07-2 Lightweight with Carpet Surface 80cm x 40cm.

### CE08-R INFLATABLE WOBBLE BOARD 35cm Diameter. Versatile piece of equipment that combines

gym ball & wobble board. Wide range of applications i.e. muscle strengthening and joint stabilisation Easy inflation and deflation for desired pressure. Free pump.

### CE08-1 ROCKER BOARD



Light weight. Smooth to pull. Designed for high speed resistance training. Harness distributes force over the upper body and is attached to two fixing points on sled for stability. Supplied with harness.

CE09-1 Replacement Harness



### CE10 WEIGHTED VEST

Adds weight and intensity to exercise and sports conditioning programmes Allows resistance to be added to workouts safely. CF10-CANI 10Kg Canacity Large

CE10-CANXL 10Kg Capacity Xtra Large



### CE13 PARACHUTE

The ultimate training device, Improves speed, endurance, strength and running technique. One piece design increases drag. Storage case doubles as waist belt.

CF13-1 Large CE13-2 Medium CE13-3 Small



### CE12 SPEED RESISTOR

CE11 ANKLE WEIGHTS

4.00Kg (2 x 2.00Kg)

2 00Kg (2 v 1 00Kg)

A useful resistance training aid, Develops maximum strength and power for running and change of direction. Allows upper body to be free for aggressive arm action.

CE12-1 Deluxe, padded CE12-2 Economy



### CE15 HIP FLEXOR POWER BUILDER

Training aid to increase speed by developing the hip flexor muscles. Works by isolating the twitch fibres. Resistance can be adjusted in standing or lying positions.





Flat rung ladder to develop foot quickness, agility and co-ordination. Can be stretched out to full length, doubled for side to side squares or folded at a right angle to create a variety of drills CE14-1 8 50m

CE14 SPEED LADDER

CF14-2 4.00m

### CE17 SLINGSHOT

Creates an over-speed condition by using super stretch latex tubing to accelerate the athlete to a faster than normal nace Improves stride-rate, stride frequency arm swing, acceleration and reflexes.



### CE16 SPEEDLEGS

Effective training aid. Increases stride length by strengthening the hamstring, guad and abdominal muscles. Comes with ankle harnesses which fit over the shoes. Connects to a secure object.

### CE19 VERTICAL VELOCITY BUILDER

Ideal training aid to improve vertical leaps. Develops balance. acceleration and push off power.



### CE18 OVERSPEED TRAINER

Device for over-speed and resistance training, Pulley system provides gradual buildup to enable assisted runner to gain top speed. Improves stride rate and stride length.





### PEED TRAINER

### CE022 VAULTER CATAPULT

Training aid which mimics the sensation of Pole Vaulting. Super stretch latex cord provides the thrust necessary to develop pole vaulting skills of any level and helps overcome the fear of sinking.

### CE21 BULLET BELT

Training belt incorporating a break away Velcro system and variable resistance levels, which combine to work on explosive starts, directional movement and jumps.



### CE24 SPEED BUMP

A valuable tool for developing technique in all jumping events. Spike resistant top and fibreglass composite base.

### CE20 STRETCH RIGHT

Tubular elastic 120cm in length. Comes with handles for remedial work, stretching and resistance exercises. Available in three grades.

CE20-1 Strong - Blue CF20-2 Medium - Red Light - Green



T | 020 8885 3620 F | 020 8885 3676

### CF23C CAST IRON KETTLEBALLS

CEZSC	CASI	INON KET II	LEDALL	
CE23-C4	4Kg	CE23-C8	8Kg	
CE23-C12	12Kg	CE23-C16	16Kg	
CE23-C20	20Kg	CE23-C24	24Kg	
CE23-C28	28Kg	CE23-C32	32Kg	
CE23-C40	40Kg			



### CE23RC RURRER COVERED KETTLEBALLS

Black rubber covered with chrome CE23-RC4 4Kg CE23-PC6 10Ka CF23-RC8 8Ka CF23-RC10 CF23-RC12 12Kg CE23-RC14 14Kg CE23-RC16 16Kg CE23-RC18 18Kg CE23-RC20 20Kg CF23-RC24 24Kg



### CE25 DUMBELLS

### CE25-2 CHROMED DUMBELLS (Pair)

CE25-2b CE25-2c CE25-2d CE25-2e CE25-2f CE25-2g CE25-2h CE25-2i	8.00Kg 7.00Kg 6.00Kg 5.00Kg 4.00Kg 3.00Kg 2.00Kg	T
CE25-2j		

### CE25-3 NEOPRENE ELLS (Pair)

COATE	DUMBE
CE25-3a	5.00Kg
CE25-3b	4.00Kg
CE25-3c	3.00Kg
CE25-3d	2.50Kg
CE25-3e	2.00Kg
CE25-3f	1.50Kg
CE25-3g	1.00Kg
CE25-3h	0.50Kg



### CE25-1 WELDED DUMBELLS (Pair)

			(
CE25-1a	70.00Kg	CE25-1m	30.00Kg
CE25-1b	65.00Kg	CE25-1n	27.50Kg
CE25-1c	60.00Kg	CE25-1o	25.00Kg
CE25-1d	55.00Kg	CE25-1p	22.50Kg
CE25-1e	50.00Kg	CE25-1q	20.00Kg
CE25-1f	47.50Kg	CE25-1r	17.50Kg
CE25-1g	45.00Kg	CE25-1s	15.00Kg
CE25-1h	42.50Kg	CE25-1t	12.50Kg
CE25-1i	40.00Kg	CE25-1u	10.00Kg
CE25-1j	37.50Kg	CE25-1v	7.50Kg
CE25-1k	35.00Kg	CE25-1w	5.00Kg
CE25-1I	32.50Kg	CE25-1x	2.50Kg

CE26-3 OLYMPIC BLACK RUBBER

### CE26 WEIGHT LIFTING DISCS

### CE26-1 CAST IRON DISCS (1" HOLE)

CE26-1a	20Kg	CE26-1b	15Kg	
CE26-1c	10Kg	CE26-1d	7.5Kg	
CE26-1e	5Kg	CE26-1f	2.5Kg	
CE26-1g	1.25Kg			

### CE26-2 OLYMPIC CAST IRON (2" HOLE)

CEZO-	2 OLTIVI	PIC CAS			
With hand	With hand grip.				
CE26-2a	25Kg				
CE26-2b	20Kg				
CE26-2c	15Kg				
CE26-2d	10Kg	CE26-26			
CE26-2f	2.50Kg	CE26-20			



### CF26-3a 25Kg CE26-3b 20Kg CF26-3c 15Ka CF26-3d 10Ka

CE26-3e 5Ka CF26-3f 2.5Kg CE26-3a 1.25Ka



### CE26-4 OLYMPIC TRAINING

CE26-4b 20Kg - Blue CE26-4c 15Kg - Yellow CE26-4d 10Kg - Green CE26-4e 5Kg - Black

CE28-1 OLYMPIC

CE28-2 OLYMPIC



### CE27 OLYMPIC BARS

CE27-1 7ft Elite High Performance Bar (750Kg test) 7ft Steel Bar with bearings (681Kg test) CE27-2 CE27-3 7ft Steel Bar without bearings

CF27-4 6ft Steel Bar with bearings CE27-5 6ft Steel Bar without bearings CF27-6 5ft Steel Bar with bearings CF27-7 5ft Steel Bar without bearings



### SPRING COLLARS (Pair

STARFASTENERS COLLARS (Pair)





### CE030-1 PLYOMETRIC BOXES - STACKABLE

CE30-1-15	15cm
CE30-1-30	30cm
CE30-1-45	45cm
CE30-1-60	60cm
CE30-1-76	76cm
CE30-1-SET	Complete Se
	-



### CE030-2 PLYOMETRIC BOXES - NON-STACKABLE

CE30-1-15	15cm
CE30-1-30	30cm
CE30-1-45	45cm
CE30-1-60	60cm
CE30-1-76	76cm
CE30-1-SET	Complete Set



### CE29 14kg OLYMPIC SET

Comprising 2 x 20kg, 2 x 15kg 2 x 10kg, 2 x 5kg, 4 x 2.5kg, 4 x 1.25kg, 1 x 7ft Bar and Spring collars (pair). **Cast Iron Disc** CE29-1 CE29-2 **Black Rubber Disc** Colour Rubber Disc CF29-3



### CF31 POWER BAGS

CESTI	OWER
CE31-1	3Kg
CE31-2	5Kg
CE31-3	7.5Kg
CE31-4	10Kg
CE31-5	15Kg
CE31-6	20Kg
CE31-7	25Kg
CE31-8	30Kg
CE31-9	35Kg
CE31-10	40Kg
CE31-11	45Kg
CE31-12	50Kg



### FR01-1 TOP OF THE RANGE STADIUM ALUMINIUM

Football goals (prs.) with free hanging net supports – FIFA Approved. Used in the Bundeslina and World Championships in Germany 2006 Supplied with ground sockets and covers, heavy-duty net holders. Strong aluminium goal frame 100 x 120mm. With a double groove so that the net holders are concealed. The free hanging net supports are designed for different net sizes and consist of four very stable posts with standard-ground sockets and covers as well as rones

FB01-11 Anodised silver - screwed corner joints

FB01-12 White powder coated - screwed corner joints

FB01-13 Anodised silver - welded corner joints

FB01-14 White powder coated - welded corner joints



### FB01-2 ALUMINIUM FREESTANDING TRAINING GOALS

Supplied in pairs, Fully welded, transportable, 7,32m x 2,44m, 120mm x 100mm section, manufactured to FIFA regulations.



### FB01-3 STEEL SOCKETED GOALS (ROUND STEEL SECTION)

Supplied in pairs.

FB01-31 76mm, Dia. - 24' x 8' - Senior FR01-32 76mm, Dia. - 21'x 7' - Youth FB01-33 76mm. Dia.- 12' x 6' - Soccer Goals

FR01-34 60mm, Dia. - 24' x 8'

### FB01-35 60mm, Dia.- 12' x 6' FB01-3A ACCESSORIES

FR01-3A22 Back Supports/ Stanchions (4 No. ) 22mm. Solid FB01-3A32 Back Supports/ Stanchions (4 No. ) 32mm, Tube

### FB01-3S SPARES

ER01-3576 Ground Sockets - 76mm. (set of 4) FB01-3S60 Ground Sockets - 60mm. (set of 4)

FR01-3SPI 76 Plastic lids for Ground Anchors - 76mm. (4 No.) FB01-3SPL60 Plastic lids for Ground Anchors - 60mm. (4 No.)



### FB01-4 STEEL FREESTANDING - PORTABLE (ROUND STEEL SECTION)

Supplied in pairs.

FR01-41 60mm dia. - 24' x 8' - Senior FB01-42 60mm dia. - 21'x 7' - Youth 60mm dia. – 12' x 6' - Mini Soccer FR01-43 FB01-4AE Easy lift Wheels for Goals (8)

### FB01-5 5-A-SIDE GOALS

Supplied in pairs.

### FB01-5P PORTABLE - SOUARE - WHEELAWAY

FB01-5P1 4.88m x 1.22m - 16' x 4' FB01-5P2 3.66m x 1.22m - 12' x 4 FB01-5P3 2.44m x 1.22m - 8' x 4'

### FB01-5P PORTABLE - ROUND

FR01-5P1 4.88m x 1.22m - 16' x 4 FB01-5P2 3.66m x 1.22m - 12' x 4' FB01-5P3 2.44m x 1.22m - 8' x 4'

### FB01-5FW FULLY WELDED

FB01-5FW1 4.88m x 1.22m -16' x 4' FB01-5FW2 3.66m x 1.22m - 12' x 4' FB01-5FW3 2.44m x 1.22m - 8' x 4'

### FB02 BIBS

FR02-3

FB02-1 Yellow (30" - 32") FB02-2 Green (30" - 32") FB02-3 Blue (30" - 32")

FR02-4 Red (30" - 32") FB02-5 STEWARD

Mesh Waistcoat



SP06-CT

SP06-SPC

SP06-CF

### SP01-3 COMPETITION STEEL / SP01 STARTING BLOCK SPARES SP01-2 OLYMPIC (SE01-2) AI UMINIUM (SE01-3) SP01-2a Replacement Footpad SP01-1 SUPER COMPETITION (SE01-1) CDO1 2h Left Footblock SP01-3a Replacement Footpad SP01-2c Right Footblock SP01-1a Replacement Footpad SD01-3h Left Footblock SP01-1h Left Footblock SP01-2d Front Anchor Plate SD01-3c Right Footblock SP01-1c Right Footblock SP01-2e Back Anchor Plate SP01-2a SP01-3d Sticker for Centre Rail SP01-1d Sticker for Centre Rail SD01-2f Snikes SP01-1a SP01-3e Spikes SP01-1e Snikes SP01-5 UNIVERSAL (SE01-UNI) SP01-4 INTERNATIONAL (SE01-4) SP01-6 SCHOOL/TRAINING (SE01-5) SP01-5a Replacement Footpad SD01-4a Penlacement Footnad SD01-6a Penlacement Footnad SD01-5h Left Footblock SP01-4b Left Footblock SD01-6h Left Footblock CDO1 Ec Right Footblock SP01-5d Sticker for Centre Rail SP01-4c Right Footblock SP01-6c Right Footblock SP01-5e Snikes SP01-4d Front Anchor Plate SP01-6d Front Anchor Plate SD01 40 Back Anchor Plate SP01-6e Back Anchor Plate SP01-7 SCHOOL/TRAINING (SE01-6) CD01-4f Snikes SP01-6f Snikes SP01-7a Replacement Footpad SP02 HURDLE SPARES SP02-1 INTERNATIONAL HURDLE SP02-2 COMPETITION HURDLE (HU03) SP02-4 BENT LEG TRAINING (HU02-1/2) SP02-2a Aluminium Sliding Tube HURDLE (HU04-3STS/3STJ) SP02-2b Sliding Tube Endcap SP02-1a Plastic Endcan SP02-4a Zinc Plated Sliding Tube SP02-2c Ton Board Fiving SP02-1b Plastic Head for Spring Button SP02-4h Spring Clip SP02-2d Foot Weight Sprung Adjuster c/w Ball Knob SP02-1c Spring for Spring Button SP02-4c Foot Endcan SP02-2e Spring Clip Aluminium Sliding Tube SD02-14 SP02-5 JUNIOR ALUMINIUM SP02-1e Plastic Insert to support Top Board HURDLE (HU04-5) SP02-1f Top Board Sleeve Nut -SP02-3 TRAINING STEEL/ SP02-1g Top Board Screw M6 x 16 SP02-5a Sliding Tube Endcap **ALUMINIUM HURDLE (HU04-1/2)** SP02-1h Height Labels For Sliding Tubes SP02-5b Plastic Corner Joints SP02-3a Aluminium Sliding Tube SP02-1i **Toppling Weight Labels** SP02-5c Foot Endcan SP02-1j Spring Button SP02-3b Plastic Foot Endcap SP02-1k Foot Catch SP02-6 BOUNCE RETURN SP02-3c Plastic Head for Spring Button SP02-3a SP02-11 Foot Catch Spring WWW SP02-34 Spring Button HANDLE (HU04-7a/b/c) CDU3-30 Spring for Spring Button SP02-6a Plastic Rubber Arm SP02-8 STEEPLECHASE SP02-3f Plastic Insert to support Top Board SP02-3a Top Board Sleeve Nut SP02-7 HURDLE TROLLEY **HURDLE BASES PINS** SP02-3h Top Board Screw SP02-7-1 Wheel for Steel Trolley SP02-3i Height Labels for Sliding Tubes SP02-7-2 Wheel for Aluminium Trolley SP02-7-3 Steeplechase Hurdle Pin SP03 HIGH JUMP STANDS SP03-INT INTERNATIONAL (HJ01-2) SP03-GP GRAND PRIX (HJ01-1) SDU3-INT-CH Crossbar Holder SP03-GP-CH Crossbar Holder Height Indicator/Vernier (specify Right or Left) CDU3-INT-HI Height Indicator/Vernier (specify Right or Left) CDU3-CD-HI SP03-INT-EC Red Plastic Endcap SP03-PLUG Plastic Plug to cover Winding Mechanism Complete Base (specify Right or Left) SP03-ENDCAP SP03-INT-RASE Red Plastic Endcan SP05-INT-WHEEL Wheel & Casing for T Base SP05-GP-RASE Complete Base (specify Right or Left) SPOS-INT-ENDCAP Plastic Endcap for T Base SP05-GP-WHEEL Wheel & Casing for T Base SP05-INT-PF Plastic Adjustable Foot for T Base SP05-GP-ENDCAP Plastic Endcap for T Base SD05\_INT\_ED Synthetic Footpad for Adjustable Foot SP05-GP-PF Plastic Adjustable Foot for T Base SP05-GP-FP Synthetic Footpad for Adjustable Foot SP04 REPLACEMENT DISCUS SIDEPLATES SP03-1 STADIUM (HJ01-3/1) SP04-1 Denfi SP08 MEDICINE BALL SP03-1a Crossbar Holder SP04-2 Polanik SP03-1b Height Indicator/Vernier (specify Right or Left) SP04-3 Nelco REPLACEMENT VALVE KIT SP03-1cmChromed & Knurled Fastening Thumbwheel SP03-1cp Plastic Fastening Thumbwheel SP05-2 POLANIK HAMMER SPARES SP03-1d Mobile Guide Casting - 2 Hole SP05-25 Snindle SP03-1e Locking Guide Casting - 1 Hole SP05-2HK Hammer Kev SP03-1f Flat Guiding Bar SP03-1g Plastic Endcan SP05-1 NELCO HAMMER SPARES SP03-1h Steel Internal Measuring Scale SP01-1MSS Mild Steel Spindle SP03-1i Wheel & Casing for T Base SP01-1555 Stainless Steel Spindle Complete Height Bracket (specify Right or Left) SP01-1HK Hammer Kev SP03-1k Plastic Threaded Foot SP01-1HKPS Hammer Key, Pliers & Alum. Key Se SP03-11 Synthetic Foot Pad SP03-X BAR ENDS SP06 THROWING CAGE SPARES

SP06-6mm

SP06-8mm

SP06-PR13

SP06-PR18

SP06-SPC

SP06-SH

SP06-DS

SP06-PBF

SP06-PRS

SP06-SLI

SP06-CF

SP06-CT

SP06-CT

SP07-CP

SP07-GFP

SP07-SGP

SP07-LGIP

6mm Polypropylene Rope (100m)

8mm Polypropylene Rope (100m)

Large Cable Ties

Steel Pulley Cable

Steel Loop Insert

**Clamping Fixing** 

Cable Tensioner

Snan Hooks

'D' Shackle

13m Braided Pulley Rope

18m Braided Pulley Rope

Pulley Block Fixed (10mm)

Pulley Block Swivel (10mm)

30mm (IAAF spec) Crossbar Ends (Pair)

**Cover Part** 

Ground Pea

Ground Sleeve =

**Ground Fixing Plate** 

5m Straight Section

**Spacing Ground Plate** 

Large Ground Joining Plate

5m Curved Section (36.5° radius)

E | sales@proathletics.co.uk W | www.proathletics.co.uk

5m Curved Section (49° radius)

SP07-CP

SP07-GP

SP07-GS

SP07-GFP

SP07-SGP

SP07-LGJP

SP07-5STS

SP07-5CS365

SP07-5CS49

SP07 KERB SPARES (PROFILE 50mm x 40mm)

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